

FOSTER'S LUNCH

APPETIZERS

DAILY SOUP ... \$7

housemade daily with fresh local ingredients

GF HOUSE SALAD ... \$8

*seasonal fresh vegetables and mixed greens,
housemade tarragon and whole grain mustard vinaigrette*

CAESAR SALAD ... \$11

*fresh romaine hearts, double smoked bacon,
herbed croutons and shaved parmesan*

CRISPY CALAMARI ... \$12

*tender squid lightly floured and seasoned,
petite salad and black pepper lime aioli*

GF P.E.I. MUSSELS ... \$13

*steamed in white wine, red onion,
garlic tomatoes and chimichurri*

ENTRÉE SALADS

GF HOUSE SALAD... \$13

add tofu \$6, chicken \$8, shrimp \$10, salmon \$12

CAESAR SALAD ... \$16

add tofu \$6, chicken \$8, shrimp \$10, salmon \$12

GF GRILLED SIRLOIN NIÇOISE SALAD ... \$25

*6 oz sirloin, green beans, new potatoes,
cherry tomatoes, grilled vegetables, arugula,
balsamic vinaigrette, hard boiled egg*

GF COBB SALAD ... \$20

*grilled chicken breast, mixed greens, avocado,
hard boiled egg, bacon, gorgonzola cheese, red wine vinaigrette*

CRAB CAKES "MEXICAN STYLE" ... \$23

*guacamole, ancho chili sauce,
arugula-mango salad, honey-lime dressing and toasted papitas*

FOSTER'S BURGERS

*Fosters is famous for our burgers -- served on a warmed bun with hand cut frites
tomato, lettuce, red onion, pickle and aioli*

CLASSIC BURGER ... \$17

LAMB BURGER ... \$17

VEGETARIAN BURGER ... \$17

topped with goat cheese and salsa

EXTRA TOPPINGS ... \$3

*4 year old cheddar, gorgonzola, goat cheese, bacon,
caramelized onions, sautéed mushrooms, onion rings*

SANDWICHES

*served with your choice of soup, salad or frites
upgrade to caesar salad.....\$2*

GRILLED CHICKEN AND BACON WRAP ... \$13

*grilled chicken, mixed greens, avocado, cucumber
and tomato with house made ranch dressing*

GRILLED CHEESE SANDWICH ... \$12

*extra old cheddar and swiss perfectly grilled
on housemade white bread*

Add Bacon \$3

CANADIAN AAA STEAK SANDWICH ... \$19

*char grilled sirloin served open faced on toasted baguette
with sautéed mushrooms, caramelized onions and aioli*

Add Cheese \$3

OPEN FACED RUEBEN ... \$13

*housemade corned beef and thousand island dressing
with sauerkraut and melted swiss cheese*

GRILLED VEGETABLE WRAP ... \$11

*lightly grilled zucchini, peppers, and onions
wrapped with mixed greens and goat cheese*

FOSTER'S FAVOURITES

STEAK FRITES

perfectly chargrilled steak of your choice, served with hand cut frites, aioli and red wine jus

• sirloin \$28, striploin \$32 or tenderloin \$34 •

PANKO CRUSTED HADDOCK & FRIES ... \$17

served with coleslaw and house made honey jalapeño tartar sauce

CHEF'S PASTA ... \$15

a daily Chef's creation made to order with the freshest seasonal ingredients